

FACILITATING DIALOGUE

A LEADERSHIP WORKSHOP- SERIES



WORKSHOP – SERIES

MISSION: We collaborate to empower organisations and professionals with practical tools and strategies to enhance dialogue, build trust, and strengthen collaboration in the workplace.

SERIES OF TARGETED WORKSHOPS:

1. Understanding Conflict
2. Conversational Integrity
3. Challenging Conversations
4. Resolution Management
5. Workplace Mediation
6. Holistic Safety
7. Non-Violent Communication
8. Radical Listening

These workshops are designed to help teams bridge differences, overcome interpersonal challenges, and create a foundation for sustainable growth and performance.



1. UNDERSTANDING CONFLICT

This workshop provides a comprehensive overview of conflict dynamics, exploring its origins, various types, patterns of escalation, and strategies for analysis.

Participants gain insights to evaluate conflicting situations with clarity, laying the foundation for further skill development in conflict resolution.



2. CONVERSATIONAL INTEGRITY

This workshop focuses on the creation of safe environments for dialogue around key concepts such as psychological safety, reflective listening, speak up culture, and situational awareness.

Participants take home interpersonal skills to foster dialogue and teamwork capacity building amongst their staff and upwards.



3.

CHALLENGING CONVERSATIONS

This workshop focuses on strategies for managing difficult conversations, addressing reactions, emotions, differing positions, and power imbalances. It describes common negotiation posture types and responses, with tools to bridge differences.

Through practical techniques and insights, participants learn to navigate difficult dialogues.



4. RESOLUTION MANAGEMENT

Involving your organisation's existing conflict resolution mechanism, this workshop emphasises accelerated assessment techniques and effective utilisation of a clear resolution process that involves both informal and formal processes.

Participants use practical tools for swift assessment and decision making on how to address, report and escalate issues efficiently.



5. WORKPLACE MEDIATION

This workshop introduces participants to the process and value of workplace mediation, integrating it into the organization's existing resolution spectrum.

Participants will gain practical insights into the mediation process, it's opportunities and it's limits to bridge differences of interpersonal disagreements.



6. HOLISTIC SAFETY

This workshop provides actionable strategies for a workplace where trust, innovation, and inclusion thrive. By addressing — psychological, emotional, relational, intellectual, cultural, and inclusion safety — teams unlock their full potential.

Participants understand that safety goes beyond physical safety and gain access to the tools for holistic safety.



7.

NON-VIOLENT COMMUNICATION

This workshop provides the foundations of Nonviolent Communication and how to use it to strengthen relationships and address conflicts constructively, in everyday life.

Participants acquire the fundamentals of CNV as developed by Marshall B. Rosenberg and receive practical insights on how this can make a real difference in the workplace.



8. RADICAL LISTENING

Radical listening addresses how team and leaders elevate the effectiveness of their communication.

Participants take their listening skills to the next level, creating the conditions for efficient dialogue and interaction at every level of the organisations.



FORMAT

- 1-day, in-person or online
- Languages: English, German, or French
- Optional post-workshop follow-up to track progress and support implementation

**Ready to strengthen collaboration in your team?
Contact us to design your workshop.**

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**Contact us to explore the workshop formats
that best fit your organisation.**



Angela HERBERHOLZ

Mediator | Facilitator | Trainer

English – French – German



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