

TEAM WORKSHOP

BUILDING TRUST. STRENGTHENING
COMMUNICATION. GROWING
TOGETHER.



TEAM COMMUNICATION AND COLLABORATION WORKSHOP

MISSION: This interactive workshop helps teams strengthen collaboration, enhance mutual understanding, and build a culture of trust and appreciation.

Based on an anonymous pre-workshop survey, the session is tailored to the team's specific strengths and challenges.

FOKUS AREAS:

- Trust & Team Dynamics
- Respectful Communication
- Appreciation & Motivation
- Constructive Conflict
- Shared Roadmap

Through hands-on activities and focused discussions, participants develop practical ways to communicate more effectively, recognise each other's strengths, and create shared routines that make teamwork smoother and more rewarding.



WHAT THE WORKSHOP DELIVERS?

- Shared team agreements for clear, respectful communication;
- Basis for mutual trust and appreciation;
- Practical tools for constructive feedback and conflict management;
- A concrete roadmap with actions, responsibilities, and timelines;
- A renewed sense of connection, ownership, and accountability.



WHO BENEFITS?

- Teams who want to strengthen collaboration and trust;
- Organisations aiming to foster a positive, open, and appreciative culture;
- Teams where mediation was used to anchor new ways of moving forward for the entire group;
- Teams looking for meaningful, results-oriented team building.



FORMAT

- 1-day, in-person
- Languages: English, German, or French
- Includes an anonymous pre-workshop team survey to adapt content to the team's needs
- Optional post-workshop follow-up to track progress and support implementation

**Ready to strengthen collaboration in your team?
Contact us to design your workshop.**

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**Contact us to explore the workshop formats
that best fit your organisation.**



Angela HERBERHOLZ

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